

The Heart of the Great Mother

Once again I find myself kneeling in the warm sand, watching my beloved teacher whose face is lined and darkened by years of living in the harsh sun of the desert. It is all so familiar: the hot earth, the exquisite colors of the setting sun, and the trust I have in this man whose age is indeterminate but who carries an air both ancient and eternal.

Our stance is natural for nomadic people: one leg poised, ready to straighten and propel the body into flight at a moment's notice, and the other tucked under the body, allowing rest. It reminds me of the phrase *in the world but not of it*. At this moment my attention is focused on a fairly intricate mandala my teacher has been carefully sculpting in the sand for the past hour. He looks up, pleased with his efforts, and then without a word and with one swift move of his hand, he sweeps away the whole picture until all that is left is the smooth, virginal sand.

He smiles. "Remember that despite appearances, life is impermanent; here today gone tomorrow. All dreams and ideas arise from a primal source, often described as the Great Mother or 'ocean of possibilities.' It is to here that all our creations will eventually return to enhance her collective consciousness. So what image of your future do you wish me to create for you now?" He has a glint in his eye, and his hand is poised over the sand, ready to draw.

"But change can't be that easy; you can't merely sweep your hand through the old and create something new," I say, amazed at the simplicity of this idea.

He smiles at my realization. "Of course it is; it has always been that simple. As a much loved expression of the Great Mother, we are first and foremost creators and transformers of our reality.

This meditation in the desert occurred many years ago; yet the teachings I received from my loving and trusted spirit teacher are still fresh in my mind and heart today.

- ❖ Every idea, dream or seed originates from the Great Mother and her ocean of possibilities
- ❖ Every manifestation is perfect in its design
- ❖ Nothing is permanent
- ❖ We don't have to wait for change, it can occur instantaneously: we are free to choose
- ❖ Once the dream becomes reality, the seeds of that creation return to the Great Mother to enhance her consciousness

And the most important fact to hear is this:

- ❖ That we, as much loved creations of the Great Mother, are being called upon today to populate the new world with ideals worthy of the next seven generations, bringing peace, abundance and prosperity for all, including the deva kingdoms and Mother Earth.

As prophesized by many indigenous groups around the world, the etheric blueprint of this new world was birthed in 2012 with the promise of it being a place where there is *unity through the acceptance of diversity*. A unified world where everyone is respected and acknowledged for their unique contributions; a world where hierarchal systems do not exist and all decisions are made on a community level. A new world where we accept; *what we do to another person, we do unto ourselves, as you and I are one*.

At the same time, the veils between the dimensions fell, revealing to everyone what had only been known to the few. We were at last being given full access to the multidimensional realms, the source of all creation; the vast consciousness of the Great Mother. This access to unlimited possibilities has coincided with the expansion of the internet, fascination with computer games & the advent of virtual reality. Many of us have felt this shift in consciousness as we subtly begin to adapt to the presence of something new that can't as yet be named.

But the past few years have also brought challenges as the old and new worlds vie for attention. The tension may be familiar to those of you who are parents and remember the diplomacy and flexibility required when bringing a new baby into the home, along with their unique ideas and temperament! The same wise people who prophesized the birth of the new world also predicted that if we can get through the chaotic and demanding years of the 2020s, then we can look forward to more prosperous and peaceful times by 2038.

So at this point you may be asking: *how do we take the leap between the worlds?*

Let's take a moment to ask: *what's our overall soul's purpose.* I believe we are highly creative beings seeking to fully manifest our energetic perfected state here on Earth. We live on and alongside a beautiful conscious being – Mother Earth – who is also seeking to reach her perfect state at this time. Despite the old world paradigm - re-enforced by many religions - that we're destined to stay on the same rung of the hierarchal ladder and that our destiny is in the hands of a higher power, the Great Mother is reassuring us that: *she has no interest in our power only in the fulfilment of our dreams.*

If we go deeper into what it is to be human, I ask you to stretch your mind and see yourself as a highly evolved spiritual being that chose its life perfectly so your soul could fulfill its destiny. What is this? To manifest our unique gifts fully here on Earth, thereby living the dream where everybody's unique piece of the jigsaw is respected and essential in the creation a world perfect for future generations.

If we agree we designed our lives, we also have to admit to being the director, producer, actors, audience and fans of this dramatic event! Our path through all the rolls is also known as the *hero's journey* where the hero transforms itself through different experiences. The Great Mother provides access to the vast array of ideas, the stage, the props and the theatre. In return she asks us to bring to

her the seeds of wisdom developed from the whole experience before disbanding the whole theatre crew and set and starting again.

If we continue this analogy of producing and performing a play, there are in fact just three phases of creation, each phase under the control of Great Mother's three subpersonalities: Virgin, Mother and Crone. It shouldn't surprise us that the feminine in all of us, is guardian of this transition between the worlds: nobody does birth better. The Virgin inspires and develops, the Mother nurtures and celebrates and the Crone dissolves away the meat of the drama until only the seeds remain. These she offers to the Great Mother. For each phase of creation, the energy is love and it is the loving voice of the intuition that keeps us connected to our soul's purpose.

So now with a view to the larger picture, we can return to the question; *how do we move between the worlds?* We need to access the interdimensional portals or doorways that have been in place since the beginning of time and that have been guarded, until recently, by ancient mythological characters such as mermaids, dragons, fairies and unicorns. Collectively they are asking us to take their place as guardians of the portals through self-accountability and spiritual maturity.

How do we access the portals? By building our own portal, found within our heart. Through this we can access portals within the Earth, Sun and Galaxy and eventually make our way to the Heart of the Great Mother, the central sun of the central sun.

How do we build our heart's portal? By offering to our central heart the seeds of consciousness developed through consecutive cycles of creation, strengthening not only the portal but our wand of magic that knows how to open the door.

The decisions our inner hero needs to take before entering the new world, are similar to those we all make when moving house: what is valuable, what will bring us closer to ourselves and what doesn't

belong to us. The new world awaits us, the spirit world is cheering us on and the Great Mother's love is unlimited and eternal.

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